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Part 3

Government of Nepal

Notice of

Ministry of Health and Population

Public Health Service Regulations, 2020

Using the rights given by Section 63 of the Public Health Service Act, 2018, the Government of Nepal has framed the following Rules.

Chapter- 1

Preliminary

1. **Brief Title and Commencement:** (1) These Rules shall be collectively called “Public Health Service Regulations, 2020”.
(2) These Regulations shall come into force immediately.
2. **Definition:** Unless the subject or the context requires otherwise, in these Regulations:
 - (a) “Hospital” means the health institution where the patient is admitted and a doctor provides health services.
 - (b) “Basic Healthcare Centre” means the governmental health institution that provides basic health services.
 - (c) “Act” means the Public Health Service Act, 2018.

Chapter- 2

Health Service

3. **Basic Health Services:** Every citizen shall receive free basic health services from every basic health service centre and health institutions designated by the Government of Nepal, Provincial Government and Local Level as mentioned in Schedule 1 under the headings pursuant to Sub-Section (4) of Section 3 of the Act.
4. **Emergency Health Services:** (1) Emergency health services shall be as mentioned in Schedule 2.
 - (2) Basic health service centres and basic hospitals shall provide at a minimum the health services required for general emergency conditions as mentioned in Schedule 2.
 - (3) General hospitals, specialist hospitals, specialised hospitals, teaching hospitals under the Institute of Health Sciences and other teaching hospitals shall provide emergency health services as mentioned in Schedule 2.
 - (4) Ayurveda service centres, specialist Ayurveda hospitals and homeopathy hospitals shall provide emergency health services as per their related medical practices.
 - (5) Health institutions shall provide 24-hour emergency health services in accordance with this Rule.

(6) While providing emergency health services, priority shall be given on the basis of the severity of the patient's condition.

(7) If the emergency health services required to treat the patient are not available in a given health institution, the health institution shall immediately provide whatever emergency health services are available, and after providing the reason for additional treatment, the patient shall be immediately referred to the most convenient health institution that provides the required services.

(8) Every health institution shall immediately provide emergency services to patients that have come for treatment in such institution and, if it is necessary, the patient shall be admitted to the hospital.

(9) Notwithstanding anything mentioned elsewhere in this Rule, if the patient seeking emergency health services cannot immediately pay the expenses of the treatment, such patient too shall be provided emergency health services.

(10) The expenses required in delivering emergency health services as per this Rule shall be paid pursuant to Section 4 of the Act.

5. Specialist and Specialised Services: (1) Specialist services shall be as mentioned in Schedule 3.

(2) The services pursuant to Sub-rule (1) shall be provided by a doctor who has acquired a degree of post-graduate level in subjects related to medical science or a similar degree and has registered as a specialist with the concerned council.

(3) Specialised services shall be as mentioned in Schedule 4.

(4) The services pursuant to Sub-rule (3) shall be provided by a doctor who has acquired an academic degree above post-graduate level and has registered as a specialist with the concerned council as well as any doctor who has achieved a high specialisation in accordance with the prevailing laws.

(5) The Ministry or the Provincial Government shall be able to provide specialist services through telemedicine.

(6) The Government of Nepal, Provincial Government or the Local Level shall be able to provide specialist services through mobile camps.

(7) Health institutions willing to conduct specialist services through mobile camps shall conduct such services in collaboration with the Local Level after obtaining permission from the Ministry in charge of health-related issues in the relevant Province.

(8) Every medical college shall provide specialist services including surgery in the district-level hospital of at least one district as designated by the Ministry.

6. Referral Service: (1) If the patient that has come to the health institution pursuant to Sub-Section (1) of Section 6 of the Act cannot be provided with all required treatments, he/she shall be referred to the health institution providing the additional treatment with a

referral letter immediately after he/she has been given all the available treatments in the referrer health institution.

(2) During the referral pursuant to Sub-rule (1), the patient shall be referred to the nearest or the most convenient health institution.

(3) Notwithstanding anything mentioned in Sub-rules (1) and (2), the patient shall be referred to the health institution chosen by the patient or his/her guardian or through the written consent of the person bringing the patient for treatment in the health institution.

(4) If any patient or his/her guardian or the person bringing the patient for treatment in the health institution is not willing to be referred to another health institution, they shall be reasonably provided with the reasons for referral. If they still refuse the referral, the treatment available in the health institution shall be provided after obtaining written consent.

(5) While referring in accordance with this Rule, the related health institution shall mention the treatment method provided by them in the referral letter.

(6) The patient referred to a health institution in accordance with this Rule, shall be given priority on the basis of the severity of their condition and treated accordingly.

(7) After completing the treatment of the patient referred pursuant to Sub-rule (1), the health institution shall support the referrer health institution and mention the treatment method in the referral letter.

(8) The referrer health institution shall keep the details of the referred patient up to date.

7. **Services Requiring Informed Consent:** (1) While providing the services as mentioned in Schedule 5, the health institution shall obtain the informed consent of the client in written form.

(2) While obtaining the informed consent pursuant to Sub-rule (1), the health institution shall provide information about the treatment and its procedure.

8. **Discharge (Outpatient) Summary:** While discharging the patient who is being treated after admission to a health institution, the health institution shall provide a discharge summary in accordance with Schedule 6.

Chapter- 3

Hierarchical Structure of Health Institutions, Types of Services and Criteria

9. **Hierarchical Structure of Health Institutions:** (1) The hierarchical structure of health service centres, hospitals, teaching hospitals, laboratories and other health institutions shall be in accordance with Schedule 7.

(2) The physical capacity and facilities, manpower, laboratory, blood circulation and other criteria of the health institutions as per Schedule 7 shall be as designated by the Ministry in a notice published in the Nepal Gazette.

10. **Health Services to be Provided by the Health Institution:** The health institutions as per Schedule 7 shall provide the health services as mentioned in the same Schedule.
11. **Criteria of Operating Health Institutions:** Every health institution shall operate their institution by following the criteria specified by the Ministry under the headings mentioned in Schedule 8.

Chapter- 4

Licence Certificate of Health Institutions and Renewal

12. **To Obtain a Licence Certificate:** No one shall operate a private, non-governmental, cooperative or non-profit community health institution or provide health services through such institution without obtaining a licence certificate.
 - (2) For health institutions as per Schedule 9, a licence certificate shall be obtained from the agencies mentioned in the same Schedule.
 - (3) All private, non-governmental, cooperative or non-profit community health institutions operating without a licence during the commencement of these Regulations shall submit an application to obtain a licence certificate within three months of the commencement of these Regulations.
 - (4) Health institutions seeking to obtain a licence certificate pursuant to Sub-rules (2) or (3) shall apply to the agency pursuant to Sub-rule (2) using the format prescribed in Schedule 10.
 - (5) If the application is received pursuant to Sub-rule (4), the licensing agency shall check whether the applying health institution has fulfilled the criteria mentioned in Schedule 8. If the criteria are fulfilled, the agency shall be able to provide the licence certificate in the format mentioned in Schedule 11.
 - (6) While providing the licence certificate pursuant to Sub-rule (5), the concerned agency shall be able to designate terms required to be followed in the operation of health institutions and services. It shall be the duty of the related health institution to follow such terms.
 - (7) Notwithstanding anything written in Sub-rule (1), if the health institution operating with the permission of any agency at the time of the commencement of these Regulations seeks an additional time period to fulfill the criteria pursuant to Rule 9 or Rule 11, the licensing agency shall be able to extend the time period by maximum of six months depending on the justification. The application of any health institution that does not obtain the licence certificate within that period shall be automatically cancelled. After such cancellation, the assets and liability of that health institution shall be in accordance with the prevailing laws.

(8) If any health institution that has obtained a licence certificate wishes to obtain the licence of a health institution of a higher level after fulfilling the required criteria, the institution shall obtain a licence certificate of the same level.

13. **Renewal of Licence Certificate:** (1) The licence certificate obtained pursuant to Rule 12 shall be renewed from the licence-issuing agency every five years.
- (2) The health institution renewing their licence certificate pursuant to Sub-rule (1) shall submit the application in the format as per Schedule 12 along with the details and documents mentioned in that Schedule at least three months before the deadline.
- (3) After the submission of the application for renewal pursuant to Sub-rule (2), the licence-issuing agency shall renew the licence before the deadline after making necessary inquiries as to whether the health institution has been operated according to the criteria mentioned in Schedule 8.

Chapter- 5

Monitoring and Regulation of Health Institutions

14. **Monitoring and Regulation of Health Institutions:** (1) With regard to whether a health institution has operated or provided services as per the criteria mentioned in Rule 11 and the Act, monitoring and regulation shall be done by the Government of Nepal, the Provincial Government or the Local Level from which the licence was issued.
- (2) The concerned level shall be able to appoint a public health inspector for the purpose of monitoring and regulation pursuant to Sub-rule (1).
- (3) The public health inspector appointed pursuant to Sub-rule (2) shall be selected among the individuals having the qualifications or experience as prescribed by the Ministry in the field related to health services.
- (4) Notwithstanding anything written in Sub-rule (1), a public health inspector appointed by the Government of Nepal shall be able to monitor those health institutions licensed by the Province or the Local Level, and a public health inspector appointed by a Provincial Government shall be able to monitor those health institutions licensed by the Local Level.
15. **To Submit the Self-assessment Report:** Every health institution shall submit a self-assessment report before the relevant licensing agency containing the details prescribed by the Ministry within one month of the end of the fiscal year.
16. **To Urge to Operate According to the Criteria:** If it is found, during the process of monitoring by the public health inspector or on the basis of the self-assessment report pursuant to Rule 15, that any health institution has not operated or provided services according to the criteria, the public health inspector shall be able to order the concerned health institution to follow the criteria.

17. **To Send a Letter for Penalty:** If it is found, during the process of monitoring or regulation pursuant to Rule 14, that any health institution has not fulfilled the criteria as per these Regulations or the Act, or has not operated as per the requisite criteria, the public health inspector shall order the institution to uphold both quality and the criteria or send a letter for penalty to the concerned agency.

Chapter- 6

Provisions Related to Funds

18. **Establishment and Operation of Health Fund:** (1) A single health fund shall be established pursuant to Section 28 of the Act.
- (2) The health fund according to Sub-rule (1) shall be operated by the Ministry.
- (3) The money of the health fund shall be spent on approved programmes related to public health, such as basic health services, purchase of medicines and equipment, treatment programmes for the poor and helpless and health insurance.
- (4) Other provisions related to the operation of the health fund shall be as prescribed by the Ministry.
19. **Establishment and Operation of Emergency Health Treatment Fund:** (1) Pursuant to Section 33 of the Act, a separate emergency health treatment fund shall be established in the Government of Nepal as well as each Province.
- (2) The fund established pursuant to Sub-rule (1) shall include the following amount:
- (a) Amount received from the Government of Nepal
 - (b) Amount provided by the concerned Provincial Government
 - (c) Amount received from any individual, non-governmental and private organisations
 - (d) Amount received from any foreign organisation, government or international organisation.
- (3) Before receiving the amount pursuant to Clause (d) of Sub-rule(2), permission shall be taken from the Ministry of Finance of the Government of Nepal.
- (4) The fund established by the Government of Nepal pursuant to Sub-rule (1) shall be operated by the Ministry, and the fund established by the Provincial Government shall be operated by the agency assigned by the concerned Provincial Government.

Chapter- 7

Blood Transfusion Services, Autopsy and Ambulance and Hearse

20. **To Obtain Licence to Operate Blood Transfusion Services:** (1) Any institution willing to operate blood transfusion services shall apply for a licence before the Ministry with the details and documents as prescribed by the Ministry.
- (2) Blood transfusion centres operating during the commencement of these Regulations shall apply for a licence pursuant to Sub-rule (1) within three months of the commencement of these Regulations.
- (3) If the institution applying for a licence pursuant to Sub-rules (1) or (2) is found to have fulfilled the criteria of operation pursuant to Rule 9 and Rule 11, the Ministry shall grant a licence to operate the blood transfusion service.
- (4) The term of the licence granted pursuant to Sub-rule (3) shall be for three years.
- (5) The institution licensed pursuant to this Rule shall apply to the Ministry for the renewal of its licence at least three months before the expiration of said licence.
- (6) After receiving the application pursuant to Sub-rule (5), the Ministry shall renew the licence of the institution operating blood transfusion services after examining whether that institution has been operated according to the requisite criteria.
- (7) The institution licensed pursuant to Sub-rule (3) shall set up blood transfusion units to operate blood transfusion services in the hospital.
- (8) The institution operating blood transfusion services shall only collect safe blood.
- (9) The Ministry shall monitor and inspect whether the institution operating blood transfusion services has been running its services according to the criteria of these Regulations and the Act.
- (10) If it is found, through the monitoring and inspection pursuant to Sub-rule (9), that any institution operating blood transfusion services has not been running its services as per the Act and these Regulations, the Ministry shall set a time limit to comply with the criteria or revoke the licence of the institution.
- But, before the licence is revoked, the institution in question shall be provided the opportunity to submit their defense.
21. **Autopsy:** The physician shall perform the autopsy pursuant to the format in Schedule 15 of National Criminal Procedure Code, 2017.
22. **Use of Unclaimed Bodies:** (1) If any institution engaged in research and study is willing to study and research an unclaimed body pursuant to Sub-Section (2) of Section 36 of the Act, the institution shall apply before the Ministry.
- (2) If the Ministry deems it necessary, it shall hand over the unclaimed bodies to the institution engaged in research and study pursuant to Sub-rule (1).

(3) The institution engaged in research and study pursuant to Sub-rule (1) shall submit a report to the Ministry mentioning all the achievements in medical science made through the use of unclaimed bodies.

However, if the results obtained from the research and study include the subject of intellectual property, the Ministry shall make necessary provisions so that there is not any encroachment on the intellectual property.

23. Ambulance and Hearse Services: (1) Only those health institutions designated by the Ministry shall operate ambulance and hearse services.

(2) The health institution pursuant to Sub-rule (1) shall fulfill the criteria related to the operation of ambulance and hearse services prescribed pursuant to Rule 11.

24. Identification of the Cause of Death: (1) If anyone dies during treatment in a health institution, the institution shall identify the cause of such death.

(2) The health institution shall take the opinion, consultation and report of an expert to identify the cause of the death pursuant to Sub-rule (1).

(3) The concerned institution shall keep a written archive of the cause of death identified on the basis of the report pursuant to Sub-rule (2).

Chapter- 8

Protection and Promotion of Public Health and Emergency Health Service and Prevention of Infection

25. Drinking Water, Sanitation and Waste Management: Every health institution shall fulfill the criteria about drinking water, sanitation and waste management prescribed pursuant to Rule 11.

26. Special Social Security for Target Groups and Other Programmes: (1) The health services, facilities and procedures provided to the target groups pursuant to Sub-Section (1) of Section 47 of the Act shall be as determined by the Government of Nepal.

(2) The health services and facilities determined for the target groups pursuant to Sub-rule (1) shall be provided through the Provincial Government and Local Level.

(3) The Government of Nepal shall provide necessary support to the Provincial Government and Local Level for the purpose of Sub-rule (2).

27. Management of Emergency Health Services: During an emergency situation pursuant to Sub-Section (1) of Section 48 of the Act, the Ministry shall mobilise a rapid response team and emergency physician groups for the immediate management of health services.

(2) The function, duty, rights and working procedures of the rapid response team and emergency physician groups pursuant to Sub-rule (1) shall be as determined by the Ministry.

(3) For emergency treatment, the governmental, non-governmental, private, co-operative, non-profit community and teaching hospitals and other health institutions shall make arrangements for adequate infrastructure and facilities in their institution and make provisions to provide emergency health services.

(4) If a crisis situation is created as a result of insects, microbial bioterrorism, emergency and unforeseen causes or a pandemic of infectious diseases, the Government of Nepal, Provincial Government and Local Level can declare a public health emergency by issuing a necessary order pursuant to Sub-Section (4) of Section 48 of the Act.

(5) If a public health emergency is declared pursuant to Sub-rule (4), the Government of Nepal, Provincial Government or the Local Level shall be able to give necessary instruction and operate the non-governmental, private, co-operative, non-profit community and teaching hospitals or other health institutions or direct these health institutions to provide concerned health services, mobilise the health staff working in the health institutions or operate such health institutions by taking them under control.

(6) If any health institution is taken under control pursuant to Sub-rule (5), such health institution shall be operated pursuant to Sub-rule (4) as determined by the concerned government or level declaring a public health emergency.

(7) While managing emergency health services or during a public health emergency pursuant to this Rule, the concerned government or level shall be able to deploy the health staff working in any health institution to another health institution or region as deemed necessary.

(8) If the health staff available in a Province or Local Level are insufficient during the situation of a public health emergency declared by any Provincial Government or Local Level pursuant to Sub-rule (4), the Local Level can ask the Provincial Government and the Government of Nepal, and the Provincial Government can ask the Government of Nepal for additional health staff. In case of such demands, the Government of Nepal and the Provincial Government shall deploy the manpower working under them in the areas of public health emergency.

(9) Notwithstanding anything written elsewhere in this Rule, the Government of Nepal, Provincial Government or the Local Level shall be able to withdraw the declaration of public health emergency by issuing a necessary order if there is not a situation pursuant to Sub-rule (4).

28. Management of Infectious Diseases: (1) If a patient of an infectious disease is identified, the concerned individual should immediately provide information to the related Local Level, Provincial Government or Ministry.

(2) In case of the inability of the concerned Provincial Government and Local Level to prevent the infectious disease after receiving information about it pursuant to Sub-rule (1), the Ministry shall immediately deploy the rapid resistance team and control the disease.

(3) For the prevention of infectious disease, the concerned government shall carry out the following actions:

- (a) Mobilise health institutions and health staff
- (b) Designate a separate dedicated hospital for the treatment of the infectious disease
- (c) Use public buildings and sites
- (d) Investigate the disease of the individual who is infected or suspected to be infected
- (e) Collect or destroy the sample from the source of infection
- (f) Vaccinate the infected individual or perform other treatment
- (g) Quarantine the individuals who have a probability of being infected
- (h) Perform treatment by keeping the individual separate in a special place (isolation) for a defined period.

(4) In the situation pursuant to Clauses (d), (e), (f), (g) and (h) of Sub-rule (3), the informed consent of the concerned individual pursuant to Rule 7 shall not be required.

(5) The Ministry, concerned Provincial Government and Local Level shall provide information about the nature, symptoms, prevention, control and any other necessary information concerning the infectious disease by publishing a notice from time to time.

(6) The Ministry, concerned Provincial Government and Local Level shall be able to issue a necessary order by publishing a public notice for the prevention, control and management of the infectious disease. It shall be the duty of everyone concerned to follow such order.

(7) In order to prevent health staff and employees from getting infected during treatment or because of any other reasons, the head of the concerned organisation, in case of governmental health institutions, and the manager, in case of other health institutions, shall take the following measures:

- (a) Provide necessary vaccinations to the health staff and all employees coming into contact with the patient for the prevention of infection
- (b) Ensure that the person who collects and tests the biological samples of the infectious disease has taken measures of prevention and control of the infectious disease

- (c) Provide radiation-blocking materials and infrastructure to employees working with radiation equipment
- (d) Ensure that pregnant health staff are not employed in activities that are prone to radiation and infected with a specific infection or risky
- (e) Provide personal protective equipment and any special measures to protect employees from any specific infection or risks.

Chapter- 9

Miscellaneous

29. **To File Complaints:** (1) If additional complication is seen in the health of any patient during the treatment pursuant to Section 18 of the Act, or if the individual has any suspicion regarding the treatment process, the patient or the guardian or the person bringing the individual for treatment shall be able to file a written complaint before the following officials revealing the above-mentioned circumstances:
- (a) Before the chief of the concerned health institution, if the treatment was performed by health staff other than the chief of the health institution
 - (b) Before the chief of the health institution above the concerned institution, if the treatment was performed by the chief of that health institution.
- (2) If the complaint has been made pursuant to Sub-rule (1), the concerned official shall immediately check with the related health staff or the health chief and perform necessary examination.
- (3) If the matter mentioned in the complaint is found to be true during the examination performed pursuant to Sub-rule (2), the official pursuant to Sub-rule (1) shall be able to send that patient for treatment to any other health institution or health staff, or other health staff of that same health institution.
- (4) If the action is found to be contrary to the Act or these Regulations during the examination performed pursuant to Sub-rule (2), the official pursuant to Sub-rule (1) shall send a letter to the concerned agency to penalise the health staff or the health chief.
30. **Right to Take Decisions:** For the purpose of Clause (c) of Sub-Section (2) of Section 14 of the Act, the right to take decisions on issues that may or may not have a serious impact on public health is upon the chief of the concerned health institution.
31. **Determination of Compensation Amount:** The basis and other provisions for determining the compensation amount to be paid by the guilty to the party affected pursuant to Sub-Section (2) of Section 57 of the Act shall be in accordance with the prevailing laws related to the compensation for the victims of crime.

32. **Storage and Sales of Medicines:** (1) The pharmacist shall store the medicines in accordance with the prevailing laws.
- (2) While storing the medicines pursuant to Sub-rule (1), arrangements shall be made to maintain the quality of those medicines.
33. **Keeping Archives:** The health institution shall keep separate archives containing the personal details of the customers who have received services from a given health institution, their health condition, diagnosis and details related to treatment.
34. **Alteration or Amendment of the Schedule:** The Government of Nepal shall be able to make necessary alteration or amendment of the Schedule by publishing a notice in the Nepal Gazette.

Schedule 1

(Relating to Rule 3)

Basic Health Services

1. Immunisation services:

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| Immunisation services for children | BCG, Polio – injectable and oral, Pneumococcal, DPT, Hib, Hepatitis B, Measles-Rubella, Japanese encephalitis, Rotavirus vaccine |
| Vaccination for pregnant women and women of reproductive age | <ul style="list-style-type: none"> • Tetanus and diphtheria/Td vaccine • Human Papillomavirus (HPV) vaccine |

2. Integrated management of newborn and childhood illnesses; nutrition services; pregnancy, labour and delivery services; maternal, newborn and children health services, such as family planning, abortion and reproductive health services:

A. Management of newborn and childhood illnesses:

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| Management services of newborn and childhood illnesses | <p><u>Care and treatment of infants of up to two months</u></p> <p>Basic services as per the standard treatment system to be provided to newborn infants with the following conditions:</p> <ul style="list-style-type: none"> • Neonatal sepsis • Birth asphyxia • Hypothermia • Jaundice • Low birth weight • Premature birth • Feeding problems • Umbilical disorders • Hypoglycaemia • Birth defect |
| | <p><u>Care and treatment of children aged from two months to five</u></p> |

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| | <p><u>years</u></p> <p>Basic services as per the prevailing treatment system to be provided to children with the following conditions:</p> <ul style="list-style-type: none"> • Acute respiratory infection • Pneumonia • Malaria • Diarrhoea • Measles • Malnutrition • Ear infection |
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B. Nutrition services:

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| Nutrition services | <p><u>Nutrition counselling and malnutrition management</u></p> <p><u>Nutrition counselling:</u></p> <ul style="list-style-type: none"> • Counselling services for pregnant women, child nutrition counselling including on breastfeeding |
| | <ul style="list-style-type: none"> • Counselling and demonstration services on dietary diversification |
| | <ul style="list-style-type: none"> • Diagnosis and management of acute malnutrition as per prevailing treatment system |
| | <ul style="list-style-type: none"> • Diagnosis and referral services for severe acute malnutrition as per prevailing treatment system |
| | <p><u>Micronutrient supplementation:</u></p> <ul style="list-style-type: none"> • For children below five years of age: Vitamin A capsule • For pregnant women: Iron tablets • For postnatal mothers: Iron tablets |
| | <ul style="list-style-type: none"> • For children from twelve to fifty-nine months of age |

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| | and school-going children (through schools): Deworming tablets |
| | <ul style="list-style-type: none"> • For pregnant women: Deworming tablets |
| | <ul style="list-style-type: none"> • For children below two years of age: Growth monitoring and counselling |
| | <ul style="list-style-type: none"> • Measurement of body mass index and counselling |

C. Pregnancy, labour and delivery services:

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| Antenatal services | <ul style="list-style-type: none"> • Diagnosis of normal pregnancy, counselling, management and referral as per prevailing treatment system • Diagnosis of high-risk pregnancy, counselling, management and referral as per prevailing treatment system |
| Delivery services | <ul style="list-style-type: none"> • Normal delivery services and counselling, diagnosis, management and referral of complex delivery • Management, family planning services and counselling after delivery as per prevailing treatment system • Immediate and essential newborn care as per prevailing treatment system |

D. Family planning, abortion, reproductive health services and women's cancer services:

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| Family planning | Family planning counselling and services: Male condom, Oral Contraceptive Pills (OCPs), contraceptive injection |
| Abortion-related services | Safe abortion services through enlisted health institutions, counselling and referral |
| | Post-abortion and necessary counselling services, including family planning services |

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| Reproductive health morbidity | Utero-vaginal prolapse: Early screening and counselling |
| | Obstetric fistula: Early screening, counselling and referral |
| Women's cancer | Cervical cancer: General check-up, counselling and referral |
| | Breast cancer: Initial screening, counselling and referral |
| Adolescent-friendly services | Adolescent-friendly information, counselling and health services |

3. Services related to infectious diseases:

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| HIV/AIDS | Counselling |
| | Management of opportunistic infection |
| Tuberculosis | Diagnosis and treatment (first-line drugs) |
| Malaria | Diagnosis and treatment (in affected areas only) |
| Animal bite | Risk assessment, symptomatic treatment, counselling and referral |
| Leprosy | Diagnosis, treatment and referral |
| Kala-azar | Counselling and referral |
| Dengue | Counselling and referral |
| Filariasis | Counselling and referral |
| Gastrointestinal infections | Acute diarrhoea: Assessment of and treatment for dehydration |
| | Dysentery: Provisional diagnosis, treatment and referral |
| | Provisional diagnosis, symptomatic treatment and referral for typhoid |

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| | Intestinal worms and other parasitic infestation: Provisional diagnosis, treatment |
| Respiratory tract infections | Seasonal influenza: Provisional diagnosis, symptomatic treatment and referral |
| | Sinusitis, pharyngitis, tonsillitis, bronchitis, pneumonia: Provisional diagnosis, symptomatic treatment and referral |
| Eruptive diseases | Measles: Provisional diagnosis, symptomatic treatment and referral |
| | Rubella: Provisional diagnosis, symptomatic treatment and referral |
| Mumps | Provisional diagnosis, symptomatic treatment and referral |
| Skin and soft tissue infections | Scabies: Diagnosis and treatment |
| | Pediculosis: Diagnosis and treatment |
| | Cellulitis, abscess, boil, furunculosis: Diagnosis, treatment and referral |
| | Ringworm, other bacterial and fungal skin infections: Diagnosis, treatment and referral |
| Eye infections | Eye infections: Provisional diagnosis, symptomatic treatment and referral |
| | Ophthalmia neonatorum: Provisional diagnosis, symptomatic treatment and referral |
| Nose and ear infections | Ear infections: Provisional diagnosis, symptomatic treatment and referral |
| | Nose infections: Provisional diagnosis, symptomatic treatment and referral |
| Oral infections | Oral infections: Provisional diagnosis, symptomatic treatment and referral |
| | Mouth ulcers: Provisional diagnosis, symptomatic treatment |

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| | and referral |
| Reproductive and sexually transmitted diseases | Lower abdominal pain syndrome: Provisional diagnosis, symptomatic treatment and referral |
| | Urethral discharge syndrome: Provisional diagnosis, symptomatic treatment and referral |
| | Vaginal discharge syndrome: Provisional diagnosis, symptomatic treatment and referral |
| | Genital ulcer syndrome: Provisional diagnosis, symptomatic treatment, counselling and referral |
| | Scrotal swelling syndrome: Provisional diagnosis, symptomatic treatment, counselling and referral |
| | Inguinal bubo syndrome: Provisional diagnosis, symptomatic treatment, counselling and referral |
| | Urinary tract infection: Provisional diagnosis, symptomatic treatment, counselling and referral |

4. Services related to non-communicable diseases and physical distortions:

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| Hypertension | <ul style="list-style-type: none"> • Initial screening and risk assessment, emergency treatment, counselling services and referral • Continuation of treatment |
| Diabetes mellitus | <ul style="list-style-type: none"> • Initial screening and risk assessment, counselling and referral • Continuation of treatment |
| Chronic Obstructive Pulmonary Disease (COPD) and Asthma | <ul style="list-style-type: none"> • Provisional diagnosis, symptomatic treatment, counselling and referral • Emergency treatment |
| Musculoskeletal pain | Provisional diagnosis, symptomatic treatment, counselling and referral |

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| Acid peptic disease | Provisional diagnosis, symptomatic treatment, counselling and referral |
| Eye problems | Provisional diagnosis, symptomatic treatment, counselling and referral |
| Ear problems | Provisional diagnosis, symptomatic treatment, counselling and referral |
| Oral health problems | Provisional diagnosis, symptomatic treatment, counselling and referral |
| Disability | Provisional diagnosis, counselling and referral |

5. Mental illness services:

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| Common mental health problems | Provisional diagnosis, symptomatic treatment, counselling and referral |
| Alcohol and substance abuse | Drug addiction: Provisional diagnosis, symptomatic treatment, counselling and referral |
| | Screening of alcoholism/dependency, initial management, motivational interviewing, referral and counselling |

6. Geriatric health services:

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| Geriatric health problems | <ul style="list-style-type: none"> • Provisional diagnosis, symptomatic treatment, counselling and referral • Health promotion services • Physiotherapy and rehabilitation • Nutrition |
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7. General emergency services:

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| Injuries and wounds | Dressing for injuries and wounds, necessary referral and |
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| | counselling |
| | Stitching in cuts, necessary referral and counselling |
| | Treatment for abscess and boil, necessary referral and counselling |
| Management of common emergency conditions | Shock: Management and necessary referral services |
| | Assessment of unconsciousness: Preliminary management, necessary treatment and referral |
| | Convulsion: Management and necessary referral services |
| | Seriously injured persons from accidents: Stabilisation, necessary management and referral services |
| | Fracture, joint subluxation, dislocation: Stabilisation, diagnosis, management of pain, referral and counselling |
| | Burn and scald: Provisional diagnosis, symptomatic treatment, counselling and referral |
| | Poisoning: Preliminary management including gastric lavage, use of antidote and necessary referral services |
| | Drowning: Preliminary management and necessary referral services |
| Eye and Ear-, Nose- and Throat- (ENT-) related common emergencies | Foreign body in the throat: Primary treatment, counselling and referral |
| | Foreign body in the eye: Primary treatment, counselling and referral |
| | Foreign body in the ear: Primary treatment, counselling and referral |
| | Epistaxis: Primary treatment, counselling and referral |
| Snakebite | Primary treatment, counselling and referral |

8. Promotional health services:

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|---------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| Health promotion services | Information, Education and Communication (IEC) materials for public awareness/behaviour change communication and counselling services |
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9. Ayurveda and other traditional health services:

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|-------------|--------------------------------------------------|
| Ayurveda | <i>Purva-pancha karma</i> services |
| | Yoga services |
| | Asparagus (for breastfeeding mothers) |
| Homeopathic | Diagnosis and treatment of wart (<i>thuja</i>) |
| | Diagnosis and treatment of skin allergy |
| | Diagnosis and treatment of tonsillitis |
| | Diagnosis and treatment of acidity |
| | Diagnosis and treatment of vitiligo |
| | Arthritis |

* Standard Treatment Protocol to be followed for treatment

Schedule 2

Relating to Sub-rules 1, 2 and 3 of Rule 4

Emergency Health Services

| S. N. | Emergency Health Services | Health Problems | |
|-------|---------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. | Respiratory problems | Acute exacerbation of Chronic Obstructive Pulmonary Disease (COPD) Acute mountain sickness Acute pulmonary embolism Acute pulmonary oedema Acute Respiratory Distress Syndrome (ARDS) Aspiration pneumonia Asthma Decompression syndrome | Foreign body in respiratory tract High-altitude Pulmonary Oedema (HAPE) Respiratory acidosis Respiratory alkalosis Ruptured diaphragm Status Asthmaticus Severe pneumonia Tension Pneumothorax Others |
| 2. | Cardiology | Atrial fibrillation Cardiac arrhythmias (e.g. ventricular tachycardia, ventricular arrhythmias) Cardiac tamponade Cardiogenic shock Congestive Cardiac Failure (CCF) | Heart block Infective endocarditis Ischaemic heart diseases (e.g. angina pectoris, myocardial infarction) Myocarditis Pericardial effusion Pericarditis Others |
| 3. | Brain and neurology | Cerebrovascular Accident (CVA) Coma of any cause Encephalitis Encephalopathy (Hypoxic/hepatic/uraemic) | Epilepsy Guillain-Barré Syndrome High-altitude Cerebral Oedema (HACE) Meningitis Status epilepticus Others |
| 4. | Gastrointestinal | Acute appendicitis Acute cholecystitis Acute pancreatitis Duodenal perforation Erosive gastritis Foreign body in oesophagus | Intestinal obstruction Intestinal perforation Intussusception peritonitis Ruptured oesophagus Splenic rupture Strangulated and |

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|-----|-----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| | | Fulminant hepatitis Gastric perforation Gastrointestinal bleeding (upper and lower) | obstructed hernia Trauma to abdominal viscera Variceal bleeding Others |
| 5. | Urology | Acute urinary retention Acute pyelonephritis Acute renal failure Haematuria Metabolic acidosis and alkalosis | Pyonephrosis Testicular torsion Paraphimosis Ruptured bladder Others |
| 6. | Reproductive health | Antepartum haemorrhage Eclampsia Ectopic rupture Obstructed labour Post-partum haemorrhage Preeclampsia | Pregnancy-induced hypertension Puerperal sepsis Retention of placenta Ruptured uterus Others |
| 7. | Orthopaedic | Amputations Bleeding Compartment syndrome | Fractures, e.g. femur fracture, spine fracture Gangrene Lacerations Others |
| 8. | Metabolic and endocrinological | Adrenal insufficiency Hypo/hyperkalaemia Hypo/hypernatraemia | Ketoacidosis Metabolic acidosis Metabolic alkalosis Others |
| 9. | Ophthalmology | Chemical burn Corneal ulcer Double vision | Foreign body in eye Sudden vision loss Traumatic injury to eye Others |
| 10. | ENT | Acute epiglottitis Choking | Epistaxis Foreign body in nose Others |
| 11. | Burn | Chemical burns Electrical injuries | Lightning injuries Thermal burns Others |
| 12. | Mental health | Acute Psychosis Alcohol intoxication Alcohol withdrawal syndrome Catatonic stupor Conversion disorder Delirium tremens Drug toxicity Lithium toxicity | Narcoleptic malignant syndrome Panic attack Schizophrenia Suicide attempt Transient situational disturbances Violent and aggressive |

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|-----|------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | | | behaviour or over-excitement Others |
| 13. | Poisoning and overdose of drugs | Aluminum phosphide poisoning Datura poisoning Drug overdose Mushroom poisoning | Organophosphorus poisoning Paracetamol poisoning Wild honey poisoning Zinc phosphide poisoning Others |
| 14. | Snake bite/insect bite/animal bite | Animal bite | Insect bite Snake bite |
| 15. | Paediatric | Acute abdomen Central cyanosis Coma (or seriously reduced level of consciousness) Diarrhoea with signs of dehydration Neonatal emergencies (e.g. trachaeo-oesophageal fistula, imperforated anus, pinhole meatus, neonatal sepsis) | Obstructed or absent breathing Severe respiratory distress Shock (cold extremities with capillary refill time >3 seconds and weak and fast pulse) Seizures Rashes (viral exanthems) Others |
| 16. | Common emergency health services | | |
| | Injuries and wounds | Dressing on injuries and wounds, necessary referral and counselling | |
| | | Stitching of cuts, necessary referral and counselling | |
| | | Treatment of abscess or boil, necessary referral and counselling | |
| | Common emergency conditions | Shock: Management and necessary referral | |
| | | Assessment of unconsciousness: Preliminary management, necessary treatment and referral | |
| | | Convulsion: Management and necessary referral | |
| | | Serious injuries from accidents: Stabilisation, necessary management and referral | |
| | | Fracture, joint subluxation, dislocation: Stabilisation, diagnosis, management of pain, referral and counselling | |
| | | Burn and scald: Provisional diagnosis, symptomatic treatment, referral and counselling | |
| | | Poisoning: Preliminary management including gastric lavage, use of available antidote and necessary referral | |
| | | Drowning: Preliminary management and necessary referral | |
| | Snake bite | Primary treatment, referral and counselling | |

Schedule 3

Relating to Sub-rule 1 of Rule 5

Specialised Services

1. General Physician (Internal Medicine)
2. General Surgery
3. Gynaecology and Obstetrics
4. Paediatrics
5. Anaesthesiology
6. Orthopedics
7. Dentistry
8. Ear, Nose and Throat
9. Dermatology and Venereology
10. Psychiatrics
11. Radiation Oncology
12. Radiology and Imaging
13. Radiotherapy
14. Ophthalmology
15. Pathology
 - Biochemistry
 - Microbiology
 - Haematology
16. Pharmacy
17. Clinical Pharmacology
18. Forensic Medicine
19. General Practice
20. Physiotherapy
21. Ayurveda
22. Other services prescribed by the Ministry

Schedule 4

Relating to Sub-rule 3 of Rule 5

Specialist Services

1. Plastic Surgery
2. Surgical Oncology
3. Pulmonology
4. Urology
5. Nephrology
6. Tropical Medicine and Infectious Diseases
7. Cardiothoracic and Vascular Surgery
8. Transplant Surgery
9. Emergency Medicine
10. Endocrinology
11. Rheumatology
12. Geriatric Medicine
13. Hepatobiliary Surgery
14. Neurology
15. Neurosurgery
16. Orthopaedic (Spine) Surgery
17. Vascular Surgery
18. Thoracic Surgery
19. Nuclear Medicine
20. Oral Medicine and Radiology
21. Transfusion Medicine and Cell Therapy
22. Physical Medicine and Rehabilitation
23. Neonatology
24. Paediatric Surgery
25. Cardiology
26. Haematology
27. Medical Oncology
28. Gastroenterology
29. Gastroenterological Surgery
30. Critical Care Medicine and Anaesthesiology
31. Pulmonary Critical Care and Sleep Medicine
32. Interventional Radiology and Imaging
33. Molecular Biochemistry
34. Immunopathology
35. Molecular Pathology
36. Haematopathology
37. Virology
38. Oral and Maxillofacial Surgery
39. In Vitro Fertilisation (IVF)

40. Molecular Microbiology
41. Specialist Ayurveda Services
42. Occupational Medicine
43. Genetic Medicine
44. Other services prescribed by the Ministry

Unofficial translation

Schedule 5

Relating to Sub-rule 1 of Rule 7

Services Requiring Informed Consent

1. Surgeries of all types
2. Administering Anaesthesia
3. CT Scan/MRI
4. Interventional Radiology
5. Obstetric and Abortion Services
6. Endoscopy or Diagnostic Processes Using Similar Equipment
7. Radiotherapy
8. Chemotherapy
9. Bone Marrow Aspiration
10. Biopsy Services

Unofficial translation

Schedule 6

Relating to Rule 8

Discharge (Exit) Summary Format

Patient's Name: Age: Sex:
 Address:
 Rural Municipality/Municipality: Ward: Toile:
 Landline Number: Mobile Number: Alternate Number:
 Hospital Ward: Unit: IP No/Hospital Registration No:
 Treating Consultant's Name:
 Date of Admission with Time:
 Date of Discharge with Time:

| | |
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| Provisional diagnosis at the time of admission: | |
| Final diagnosis at the time of discharge: | |
| ICD-10 code(s) for final diagnosis: | |
| Summary of presenting illness: | |
| Significant past medical and surgical history: | |
| Significant clinical findings: | |
| Summary of key interventions with major results: | |
| Summary of treatment: | |
| Speciality consultations, if any: | |
| Blood transfusion, If any: | |
| Adverse reactions to medicines and transfusion: | |
| Condition/outcome at discharge: Cured/Improved/Referred out/Discharge on request/Absconded/Left against medical advice/Died | |
| Further treatment and advice: | |
| Follow-up: | |

Discharge summary prepared by:

Doctor's Name:
 Signature:
 NMC No:

Consultant's Name:
 Signature:
 NMC No:

Schedule 7

Relating to Sub-rules 1 and 2 of Rule 10

Structure of Health Institutions and Available Health Services at Federal, Provincial and Local Governments

| Level of health institution | Type of minimum services provided |
|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Basic Health Service Centres | <p>A. Basic health services as per Schedule 1</p> <p>B. Other services prescribed by the Ministry from time to time</p> |
| Basic Hospitals (5–15 beds) | <p>A. Basic health services as per Schedule 1</p> <p>B. Following medical services (outpatient and inpatient):</p> <ol style="list-style-type: none"> i. General Medicine ii. General Surgery iii. Gynaecology and Obstetrics iv. Child Disease and Newborn Services v. General Dental Services <p>C. Following emergency services:</p> <ol style="list-style-type: none"> i. Emergency Services ii. Basic Emergency Operations, including Basic Obstetric Emergency and Newborn Care (BEONC) iii. Emergency Laboratory and Blood Transfusion Services iv. Diagnostic Services <p>D. Laboratory Services</p> <p>E. Radio Imaging Services</p> <p>F. Pharmacy Services</p> <p>G. Medico-legal Services</p> <p>H. Other services prescribed by the Ministry from time to time</p> |
| General Hospitals (25–50 beds) | <p>A. Basic health services as per Schedule 1</p> <p>B. Following treatment services (outpatient and</p> |

| | |
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| | <p>inpatient):</p> <ul style="list-style-type: none"> i. General Physician Services ii. General Surgery iii. Gynaecology and Obstetrics iv. Child Disease and Newborn Services v. Dental Services vi. Orthopedic Services vii. General Ophthalmology Services viii. Physiotherapy Services ix. Anaesthesiology Services <p>C. Following diagnostic and other services:</p> <ul style="list-style-type: none"> i. Radio Imaging Services ii. Laboratory Services (except Histo-cytopathology) <p>D. Following 24-hour services:</p> <ul style="list-style-type: none"> i. Emergency Services with Operations ii. Emergency Laboratory Services iii. Radio Imaging Services iv. Blood Transfusion Services v. Pharmacy Services <p>E. Following intensive care services:</p> <ul style="list-style-type: none"> i. High-dependency Unit (HDU) ii. Intensive Care Unit (ICU) iii. Sick Newborn Care Unit (SNCU) Services <p>F. Pharmacy Services</p> <p>G. Other services as follows:</p> <ul style="list-style-type: none"> i. Social Service Unit/One-stop Crisis Management Centre ii. Medico-legal and Forensic Services iii. Nutrition Rehabilitation Services iv. Haemodialysis Services <p>H. Other services prescribed by the Ministry from time to time</p> |
| <p>General Hospitals (100–300 beds)</p> | <p>A. Basic health services as per Schedule 1</p> <p>B. Following treatment services:</p> <ul style="list-style-type: none"> i. General Physician Services |

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| | <ul style="list-style-type: none"> ii. General Surgery Services iii. Gynaecology and Obstetrics iv. Child Disease and Newborn Services v. Dental Services vi. Orthopedic Services vii. ENT Services viii. Psychiatric Services ix. Dermatology and Venereology x. Ophthalmology Services xi. Physiotherapy Services xii. Anaesthesiology Services <p>C. Following diagnostic and other services:</p> <ul style="list-style-type: none"> i. Radio Imaging Services ii. Laboratory Services (including Histo-cytopathology) <p>D. Following 24-hour services:</p> <ul style="list-style-type: none"> i. Emergency Services with Operation Services ii. Emergency Pathology iii. Radio Imaging Services iv. Blood Transfusion Services v. Pharmacy Services <p>E. Following intensive care services:</p> <ul style="list-style-type: none"> i. HDU ii. ICU, Neonatal ICU (NICU), Paediatric ICU (PICU) <p>F. Pharmacy Services</p> <p>G. Following other services:</p> <ul style="list-style-type: none"> i. Social Security Unit, One-stop Crisis Management Centre, Dietetics and Nutrition Rehabilitation Services ii. Haemodialysis Services iii. Medico-legal and Forensic Services <p>H. Other services prescribed by the Ministry from time to time</p> |
| <p>Specialised Hospitals (minimum 100 beds) (in multiples of 100, if beds</p> | <ul style="list-style-type: none"> A. Basic health services as per Schedule 1 B. Specialised services as per Schedule 3 |

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| <p>to be added)</p> | <p>C. Following 24-hour services:</p> <ul style="list-style-type: none"> i. Emergency Services with Operation Services ii. Emergency Pathology iii. Blood Transfusion Services iv. Emergency Radio Imaging Services <p>D. Following diagnostic services:</p> <ul style="list-style-type: none"> i. Pathology Services ii. Radio Imaging Services <p>E. Pharmacy Services</p> <p>F. Following intensive care services:</p> <ul style="list-style-type: none"> i. HDU ii. ICU, Surgical ICU (SICU), Medical ICU (MICU), Coronary Care Unit (CCU) iii. NICU, PICU iv. Cardiac Catheterisation Services <p>G. Following other services:</p> <ul style="list-style-type: none"> i. Social Security Unit, One-stop Crisis Management Centre, ii. Medico-legal and Forensic Services iii. Dietetics and Nutrition Rehabilitation Services iv. Haemodialysis Services <p>H. Other services prescribed by the Ministry from time to time</p> <p>Note: A health institution with 300 or more beds should provide at least one specialised service</p> |
| <p>Super Speciality Hospitals (minimum 50 beds) (in multiples of 50, if beds to be added)</p> | <p>A. Specialised treatment services to patients referred from Basic Hospitals, General Hospitals and Specialised Hospitals, for specific diseases or organs</p> <p>B. One or more services from among those enlisted in Schedule 4</p> <p>C. Other services prescribed by the Ministry from time to time</p> |
| <p>Teaching Hospitals under Health Science</p> | <p>A. Basic health services as per Schedule 1</p> |

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| Academies (minimum 300 beds) (in multiples of 100, if beds to be added) | <p>B. Specialised services as per Schedule 3</p> <p>C. At least one service from among those enlisted in Schedule 4</p> <p>D. Other services prescribed by the Ministry from time to time</p> |
| Children's Hospitals | Concerned specialist and specialised services |
| Basic Ayurveda Service Centres | <p>A. Basic Ayurvedic Health Services</p> <p>B. General Treatment Services</p> |
| Ayurveda Health Centres (General Ayurveda Hospitals) (25-50 beds) | <p>A. Basic Ayurvedic Health Services</p> <p>B. Treatment Services (outpatient),</p> <p>C. Diagnostic Services</p> <p>D. Physiotherapy</p> <p>E. Yoga Services</p> <p>F. Counselling for and management of healthy lifestyle</p> <p>G. Nasal Treatment</p> <p>H. Anal Treatment</p> <p>I. <i>Pancha Karma</i></p> <p>J. <i>Kaya</i> (body) Treatment</p> <p>K. Physiotherapy</p> <p>L. Rehabilitation</p> <p>M. <i>Kshara-sutra</i></p> <p>N. Gynaecology and Paediatric Services</p> <p>O. Pharmacy Services</p> <p>P. Diagnostic Services</p> <p>Q. Acupuncture</p> |
| Specialised Ayurveda Hospitals (minimum 100 beds) (in multiples of 50, | <p>A. <i>Kaya</i> (Body) Treatment</p> <p>B. Surgical Treatment</p> |

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| if beds to be added) | <ul style="list-style-type: none"> C. <i>Shalaky</i> (Head) Treatment D. Gynaecology and Obstetrics E. Counselling for and management of healthy lifestyle F. Yoga Services G. Pediatric Services H. Chemical Treatment I. <i>Pancha Karma</i> Services J. <i>Kshara-sutra</i> Services K. Physiotherapy L. Rehabilitation M. Diagnostic Service N. Pharmacy O. Acupuncture |
| Homeopathy Hospitals (50 beds) | <ul style="list-style-type: none"> A. Treatment Services (inpatient and outpatient) B. Pharmacy Services C. Diagnostic Services |
| Other Health Institutions | |
| Level of Health Institutions | Minimum services to be provided |
| 1. Laboratories | |
| Laboratories of group 'E' | <p>Laboratories of group 'E' shall provide the following services:</p> <ul style="list-style-type: none"> A. Haematology: TC, DC, haemoglobin, ESR, blood grouping for non-transfusion purpose, BT, CT B. Biochemistry: Sugar, urea, creatinine, bilirubin T & D, S. uric acid, total protein, serum albumin C. Microbiology: Sputum AFB stain (Z-N stain) D. Tests by RDI: With simple interpretation |

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| | <p>E. Miscellaneous: Routine urine analysis, routine stool analysis, urine pregnancy test, stool for reducing substances</p> |
| Laboratories of group 'D' | <p>Laboratories of group 'D' shall provide the following additional services on top of those provided by group 'E':</p> <p>A. Hematology: RBC count, PT, APTT, platelet count, hematocrit, red cell indices</p> <p>B. Biochemistry: SGOT, SGPT, ALP, lipid profile, creatinine, sodium potassium</p> <p>C. Microbiology: Gram stain and KOH mount for fungi</p> <p>D. Serological tests: RPR, Widal test, ASO titre, RA factor, CRP</p> <p>E. Tests by RDT: All</p> <p>F. Miscellaneous: Stool for occult blood, urine ketone bodies, urobilinogen, bile salt, bile pigment, Bence Jones protein</p> |
| Laboratories of group 'C' | <p>Laboratories of group 'C' shall provide the following additional services on top of those provided by group 'D':</p> <p>A. Haematology: Absolute counts, blood grouping for transfusion purpose, cross matching and reticulocyte count, peripheral blood smear examination</p> <p>B. Biochemistry: Cardiac enzymes, other enzymes, thyroid function test (T3, T4, TSH)</p> <p>C. Microbiology: All routine bacteriology culture, ELISA for infectious disease, e.g. HIV, HBsAg, HCV, etc.</p> <p>D. Histopathology/Cytopathology, bone marrow aspiration and biopsy service</p> <p>E. Miscellaneous: CSF and bloody fluid analysis, semen analysis</p> |
| Laboratories of group 'B' | <p>Laboratories of group 'B' shall provide the following additional services on top of those provided by group 'C':</p> <p>A. Special coagulation profile</p> |

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| | <p>B. Hormone analysis</p> <p>C. Immunohistochemistry (IHC)</p> <p>D. Tumour markers</p> <p>E. Advance C/S (anaerobic culture, fungus culture)</p> <p>F. Haemolytic profile tests performed by ELISA/CLIA technique as per requirement</p> <p>G. At least three types of services from among Microbiology, Histo-cytology, Haematology and Biochemistry, if the laboratory is based in a General Hospital</p> |
| Laboratories of group 'A' | <p>Laboratories of group 'A' shall provide the following additional services on top of those provided by group 'B':</p> <p>A. Molecular tests</p> <p>B. Super-specialised tests</p> |
| 2. Health Clinics | Health services under basic health services |
| 3. Specialised Clinics | Any services from among those enlisted in Schedule 3 |
| 4. Polyclinics | Treatment services including basic health services, general surgery, laboratory services, Ultrasonography (USG) and radio diagnosis services |
| 5. Dental Clinics | Preliminary dental services including tooth extraction, RCT, filling, denture, scaling, emergency oral trauma management |
| 6. Geriatric Counselling Centres | Health promotional activities |
| 7. Geriatric Care Centres (minimum 25 beds) (in multiples of 25, if | <p>Following services to senior citizens:</p> <p>A. General Treatment Services</p> <p>B. Physiotherapy</p> |

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| beds to be added) | <ul style="list-style-type: none"> C. Fall and its Prevention D. Nursing Care of Bed-bound Patient E. Dementia Care F. Basic Lab Services G. Screening and Referral Services H. Health Promotional Activities |
| 8. Eye Care Centres | <p>Services to be provided by a specialist ophthalmologist, in addition to preliminary eye care:</p> <ul style="list-style-type: none"> A. Visual Acuity B. Refraction C. Minor Treatment |
| 9. Physiotherapy Centres | <ul style="list-style-type: none"> A. Rehabilitation B. Pain Management C. Post-operative Care |
| 10. Dialysis Centres | Dialysis Services |
| 11. Rehabilitation Centres (psychosocial) (minimum 10 beds) (in multiples of 10, if beds to be added) | <ul style="list-style-type: none"> A. Health Check-up and General Treatment for Patients at the Rehabilitation Centre B. Yoga and Meditation C. Counselling and Education Services D. OST E. Harm Reduction F. Health Safety |
| 12. Rehabilitation Centres (physical) (minimum 25 beds) (in multiples of 25, if beds to be | <ul style="list-style-type: none"> A. Corrective Surgery B. 24-hour Emergency Services C. Laboratory Services D. Radio Imaging Services E. Physiotherapy |

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|----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| added) | <p>F. Prosthesis</p> <p>G. Screening and Referral Services</p> <p>H. Self-care Services</p> |
| 13. Ayurveda Clinics | <p>A. Basic Ayurvedic Services</p> <p>B. Counselling Services</p> <p>C. Treatment Services</p> |
| 14. Natural Treatment Centres | <p>A. Preliminary Natural Treatment Services</p> <p>B. Counselling Services</p> |
| 15. Acupuncture, Acupressure Centres | <p>A. Outpatient Acupuncture Services</p> <p>B. Counselling Services</p> |
| 16. Sowa Rigpa (Amchi) Clinics | <p>A. General Treatment Services</p> <p>B. Counselling Services</p> |
| 17. Traditional Service Clinics | <p>A. Treatment Services with locally available herbs</p> <p>B. Traditional Services</p> |
| 18. Homeopathic Clinics | <p>A. Counselling Services</p> <p>B. Preliminary Homeopathic Treatment Services</p> |
| 19. Unani Treatment Centres | <p>A. Preliminary Unani Treatment Services</p> <p>B. Counselling Services</p> |
| 20. Yoga, Meditation and Physical Exercise Centres | <p>A. Health Promotional Yoga Exercises</p> <p>B. Meditation</p> <p>C. <i>Pranayama</i> (Breathing Exercises)</p> <p>D. Other Exercises</p> |
| 21. Blood Transfusion | <p>A. Blood Collection</p> <p>B. Separation of Components</p> |

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|------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Centres | <p>C. Safe Storage of Blood</p> <p>D. Safe Distribution of Blood</p> <p>E. Safe Disposal of Expired and Unused Blood</p> |
| 22. Radio Imaging Centres | |
| Class A | Pet Scan, CT Scan, MRI, USG Services |
| Class B | <ul style="list-style-type: none"> • At least one service among X-ray, USG, CT Scan • Emergency service available during operational hours • Compliant with Minimum Service Standards (MSS) for primary hospitals for emergency services |
| 23. Hospice Centres (minimum 25 beds) | <p>A. Nursing Care</p> <p>B. Emergency Services</p> <p>C. Pain Management</p> <p>D. Symptomatic Management</p> <p>E. Palliative Care</p> <p>F. Holistic Counselling Services</p> <p>G. Consultative Services</p> <p>H. Spiritual Services</p> |
| 24. Test Tube Baby (IVF) Centres | <p>A. Gynaecology Services, Outpatient Services</p> <p>B. Laboratory, including sperm examination</p> <p>C. USG Services</p> <p>D. Operation Theatre</p> <p>E. Embryology Lab</p> <p>F. An agreement with at least one primary specialised hospital for emergency services</p> |

Schedule 8

Relating to Rule 11, Sub-rule 5 of Rule 12 and Sub-rule 3 of Rule 13

Health Institution Operation Standards

1. Related to management
2. Related to building and infrastructure
3. Related to environment
4. Related to outpatient department, inpatient department, emergency department, surgery department and intensive care units
5. Related to human resource management
6. Related to specialist and specialised services
7. Related to laboratory
8. Related to radio imaging services
9. Related to infection prevention and control
10. Related to public health services (nutrition, vaccination, safe motherhood, children's health, family planning)
11. Related to management of health-related and other waste
12. Related to drinking water, sanitation, electricity supply, garden, parking space and maintenance
13. Related to oxygen, equipment and instruments
14. Related to pharmacy services
15. Related to blood transfusion services
16. Related to disaster and epidemic management
17. Related to ambulance services
18. Related to dead body examination and management
19. Related to referral system
20. Related to canteen and nutrition services
21. Related to central service department
22. Related to laundry
23. Related to social security unit and health insurance management
24. Related to grievance handling
25. Related to monitoring and evaluation
26. Related to security arrangements

Schedule 9

Relating to Sub-rule 2 of Rule 12

Authorities Issuing Licences to Health Institutions

1. Health institutions required to secure and to get renewed licences from the Ministry or designated authorities:
 - A. General Hospitals of above 200 beds
 - B. Specialised Hospitals
 - C. Super Speciality Hospitals
 - D. Children's Hospitals
 - E. Ayurveda Hospitals/Specialised Ayurveda Hospitals of above 50 beds
 - F. Teaching Hospitals run by private, non-governmental, cooperative or non-profit community colleges
 - G. Homeopathic Hospitals
 - H. Geriatric Care Centres
 - I. Radio Imaging Centres of Class A
 - J. Blood Transfusion Centres
 - K. Laboratories of Groups A and B
 - L. Test-tube Baby Centres (IVF)
 - M. Dialysis Centres (above 25 beds)
 - N. Rehabilitation Centres (above 25 beds)
 - O. Any health institution not listed under other levels of government.

2. Health institutions required to secure and to get renewed licences from Provincial Governments or authorities designated by Provincial Governments:
 - A. General and Specialised Hospitals with 25–200 beds
 - B. Ayurveda Hospitals with 25–50 beds
 - C. Dental Clinics, Specialised Clinics, Polyclinics
 - D. Eye Care Centres
 - E. Laboratories of Group C
 - F. Radio Imaging Centres of Class B

- G. Dialysis Centres (up to 25 beds)
 - H. Rehabilitation Centres (up to 25 beds)
 - I. Hospice Centres.
3. Health institutions required to secure and to get renewed licences from Local Governments or authorities designated by Provincial Governments:
- A. Health Clinics, Ayurvedic Clinics, Sowa Rigpa (Amchi) Clinics, Homeopathic Clinics and other similar clinics
 - B. Physiotherapy Centres, Rehabilitation Centres (psychosocial), Natural Treatment Centres, Acupuncture, Acupressure Centres, Unani Treatment Centres, Yoga, Meditation and Physical Exercise Centres, Traditional Service Clinics and other similar clinics and service centres
 - C. Geriatric Counselling Centres
 - D. Laboratories of Group D and E
 - E. Hospitals of up to 15 beds.

Schedule 10

Relating to Sub-rule 4 of Rule 12

Application Format for Securing Licence

1. Name of the institution:
2. Type of service:
 - A. General services
 - B. Specialised services
 - C. Super Speciality services
 - D. Others
3. Address of the institution (for correspondence):

Province:

District:

Rural Municipality/Municipality/Sub-metropolis/Metropolis:

Ward no:

Tole:

Telephone:

4. Promoters of the institution (only those who hold 5% or more shares):

| S. N. | Name | Permanent address | Phone number | Mobile number | Email | Citizenship number |
|-------|------|-------------------|--------------|---------------|-------|--------------------|
| | | | | | | |
| | | | | | | |

5. Financial sources of the institution:
 - A. Private
 - B. Share/Loan
 - C. Non-governmental
 - D. Other (please specify):

Name of the lending financial institution, if loan is taken:

6. Financial investment: Cost
 - A. For buildings and land
 - B. Equipment
 - C. Human resources
 - D. Estimated income:
 - Domestic:
 - International:

7. Source of fixed assets:

8. Number of beds:

9. Details of services provided by the health institution as per the classification of health institutions:

| S. N. | Treatment services | Diagnostic services | Preventive services | Other services |
|-------|--------------------|---------------------|---------------------|----------------|
| | | | | |
| | | | | |

10. Details and sources of major equipment to be used in the institution:

| S. N. | Name of the equipment | Financial source | Remarks |
|-------|-----------------------|------------------|---------|
| | | | |
| | | | |

11. Details of human resources to provide services in the institution:

| S. N. | Name of staff | Position | Academic qualification | Registration number of concerned council | Employed in government service: Yes/No | Full-time/ Part-time |
|-------|---------------|----------|------------------------|------------------------------------------|----------------------------------------|----------------------|
| | | | | | | |
| | | | | | | |
| | | | | | | |

12. Documents to include in the application:

- i. Attested copy of company registration or registration certificate
- ii. Copy of statute/memorandum of association/articles of association for the institution or company
- iii. Copy of permanent account number (PAN) certificate
- iv. Recommendation letter from concerned Local or Provincial Government stating that the health institution is required in the proposed location
- v. Copies of citizenship certificates of promoters
- vi. Copy of approval letter with initial environment examination (IEE) or environment impact assessment (EIA)
- vii. Proposal with detailed survey for the health institution
- viii. Details of fees for services provided by the health institution
- ix. Approved drawing for buildings
- x. Tax clearance certificate (if applicable).

Schedule 11

Relating to Sub-rule 5 of Rule 12

Format of Licence

.....

.....

Operating Licence

Licence Number:

Mr./Ms.

.....

Having examined the application for operating of a health institution at Ward No. of
..... Rural Municipality/Municipality/Sub-metropolis/Metropolis, received on
..... <Date> and as per the decision made on <Date>, this
Licence is awarded to (Hospital/Health Institution), in accordance with
the Sub-rule 5 of Rule 12 of the Public Health Services Rules, 2020 to operationalise the
.....<Number of beds> bed institution in conformity with the provisions made in the Public
Health Service Act, 2018, Public Health Services Rules and following terms.

1. Services to be provided by the health institution:

2. Duration of validity of licence:

Licence-issuing officer's

Signature:

Name:

Designation:

Date:

(Content in the back of the licence)

Terms and conditions to be abided by the licensee health institution:

- A. A health institution shall carry out self-assessment on the adherence to the prescribed minimum standards for health institutions and keep improving quality;
- B. The institution shall implement government programmes approved by the Government of Nepal;

- C. The institution shall implement the policies and programmes of concerned Provincial or Local Governments if it is under their aegis;
- D. The institution shall abide by the terms prescribed by the Ministry from time to time.

Renewal of the Licence

Authority to renew the licence

| Name and address of the health institution | Date of renewal | Date of expiry | Name and designation of renewing officer | Signature | Official seal |
|--------------------------------------------|-----------------|----------------|------------------------------------------|-----------|---------------|
| | | | | | |
| | | | | | |

Unofficial translation

Schedule 12

Relating to Sub-rule 2 of Rule 13

Application Format for Renewal

M/S. Office

.....

Re: Renewal of licence

This application for renewal has been submitted, in accordance with Sub-rule 2 of Rule 13 of the Public Health Services Rules, 2020, since the validity of the licence issued on <Date> by that office is expiring on <Date>.

Documents and details included:

1. Copy of licence and tax clearance certificate for the last fiscal year
2. Evidence of having regularly submitted the self-assessment report as per Rule 15
3. Self-declaration with confirmation of having adhered to standards issued for health institutions and services
4. Evidence of deposit in the emergency treatment fund as per Rule 19.

Official seal of the health institution:

Applicant on behalf of the health institution:

Signature:

Name and surname:

Designation:

Date: